

Fruit of the Spirit

Growing Godly
Character
Galatians 5:22-23

Love Joy Peace Patience
Kindness Goodness Faithfulness Gentleness Self-Control

Preschool - Fall



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Preschool Fall

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20. **The Syncopated Clock** – Music by Leroy Anderson, performed by BBC Concert Orchestra, Leonard Slatkin, Conductor. Courtesy of Naxos of America, Inc.
21. **O How I Love Jesus** – Words by Frederick Whitfield/Music American Melody, 19th cent.
22. **Now Thank We All Our God** – Words by Martin Rinkart, tr. Catherine Winkworth/Music by Johann Crüger, harm. by Felix Mendelssohn
23. **Hark! The Herald Angels Sing** – Words by Charles Wesley/Music by Felix Mendelssohn, harm. by William H. Cummings
24. **Come, Thou Almighty King** – Words Anonymous/Music by Felice de Giardini
25. **Amazing Grace! How Sweet the Sound** – Words by John Newton/Music from Benjamin Shaw and Charles H. Spilman's *Columbian Harmony*, 1829/Arr. by Edwin O. Excell
26. **Joyful, Joyful, We Adore Thee** – Words by Henry van Dyke/Music by Ludwig van Beethoven, harm. by Edward Hodges

Accompaniment Recordings

27. Growing in the Spirit
28. God Cares for You
29. I Am Growing
30. I Can Talk to God
31. I Will Praise You, God
32. Jiggle, Giggle, Wiggle, Freeze!
33. Make a Joyful Noise
34. A Christmas Gift for You
35. Everybody Sing, Jesus Is Born!
36. *Gloria a Dios (Glory to God)*
37. Welcome, Holy Child
38. Advent Candles
39. I Love the Mountains
40. Kye, Kye, Kule
41. O How I Love Jesus
42. Now Thank We All Our God
43. Hark! The Herald Angels Sing
44. Come, Thou Almighty King
45. Amazing Grace! How Sweet the Sound
46. Joyful, Joyful, We Adore Thee

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Producer: Michael Graham at The Lodge, Indianapolis, IN
Executive Producer: James Barnard

Curriculum Components

Curriculum materials are located in the following folders:

- Songs (full choral score with keyboard accompaniment, Student Page [melody and lyrics only], and instrumental parts)
- Song Teaching Steps (step-by-step directions to teach each song)
- Activities (Checklist, Activity Visuals, Activity Teaching Steps, and Activity Pages [when needed])
- KIDPages (Checklist, learning pages for children, and teaching steps for leaders)
- Session Plans (step-by-step plans for 15 weekly sessions)
- Song Teaching Visuals (Checklist and visuals used when teaching songs)
- Hymns (six hymns—three from fall semester and three for spring semester)
- MultiPrint (similar curriculum components compiled into single PDFs for easy printing)
- PrintReady (multipage visuals combined into one image for large-format printers or multimedia presentation software)
- Demonstration Videos (demonstrations of choreography, movement activities, and sign language)

Recordings

- Demo Recordings with voices are included for all songs and hymns.
- Accompaniment Tracks without voices are included for all songs and hymns.
- Movement and Activity Recordings are included.
- Demo and Accompaniment Recordings for spring semester hymns are included as well.

CURRICULUM SONGS

- "A Christmas Gift for You"
- "Advent Candles"
- "Everybody Sing, Jesus Is Born!"
- "Gloria a Dios"
- "God Cares for You"
- "Growing in the Spirit" (Theme Song)
- "I Am Growing"
- "I Can Talk to God"
- "I Will Praise You, God"
- "Jiggle, Giggle, Wiggle, Freeze!"
- "Make a Joyful Noise"
- "Welcome, Holy Child"

MOVEMENT/ACTIVITY SONGS

- "Autumn" by Vivaldi
- Avocado Ándale
- Grow It! Energizer
- High and Low Instruments
- "I Can Talk to God" Movement Variations
- "I Love the Mountains"
- "Kye, Kye, Kule"
- "The Syncopated Clock"

HYMNS—Fall

- "O How I Love Jesus"
- "Now Thank We All Our God"
- "Hark! The Herald Angels Sing"

HYMNS—Spring

- "Come, Thou Almighty King"
- "Amazing Grace! How Sweet the Sound"
- "Joyful, Joyful, We Adore Thee"

KIDPAGES

1. My Fruit of the Spirit Book (Theme)
2. Fruit Adventure
3. Color Autumn Leaves
4. Fall Counting Fun
5. Things in Fall

6. I Am Growing
7. Instrument Match
8. How Does Your Pumpkin Grow?
9. God Cares for You
10. With All My Heart
11. Music Turkey
12. I Thank God for...
13. Christmas Same and Different
14. Road to Bethlehem
15. Christmas Hide and Seek

ACTIVITIES

- Theme – "Fruit of the Spirit Scripture Chant"
- A – Fruit Market Rhythms
B – "I Love the Mountains"
C – Hymn Story Time: "O How I Love Jesus"
D – Make a Popcorn Shaker
E – High and Low
F – Fruit Bingo
G – *Sol-Mi* Melodies
H – "Autumn"
I – Hymn Story Time: "Now Thank We All Our God"
J – Fruity Lane Game
K – Instrument Memory Game
L – "The Syncopated Clock"
M – Hymn Story Time: "Hark! The Herald Angels Sing"
N – The Night Jesus Was Born

SONG TEACHING VISUALS

GENERAL

- Bible Markers
- Five Little Bells Visual
- Five Voices Visuals
- Fruit Mix-up Visual
- *Fruit of the Spirit* Theme Poster
- Fruity Vowel Visuals
- Good-bye Visuals
- Grow-It Energizer Visual
- Scarecrow Body Scale Visuals

SONG-RELATED

"A Christmas Gift for You"

- "A Christmas Gift for You" Rebus

"Everybody Sing, Jesus Is Born!"

- "Everybody Sing, Jesus Is Born" Visuals 1-3

"Gloria a Dios"

- Leader/Children Visual

"God Cares for You"

- "God Cares for You" Melody Map Visuals 1-5

"I Can Talk to God"

- "I Can Talk to God" Phone Visuals

"I Will Praise You, God"

- "I Will Praise You, God" Bell Visual

"Jiggle, Giggle, Wiggle, Freeze!"

- "Jiggle, Giggle, Wiggle, Freeze!" Visuals

"Make a Joyful Noise"

- "Make a Joyful Noise" Visual

"Welcome, Holy Child"

- "Welcome, Holy Child" Visual

DEMONSTRATION VIDEOS

- Grow It! Energizer Video
- "Growing in the Spirit" Sign Language Video
- "I Can Talk to God" Sign Language Video
- "I Will Praise You, God" Sign Language Video

Theme Activity – “Fruit of the Scripture Chant”

- Hide the Fruit of the Spirit Cards in the room.
- Have children find the cards and match the pictures to the pictures on the Theme Poster.
- Discuss what is happening in each picture and tell children these are ways Jesus wants us to act.

Activity A – Fruit Market Rhythms

- Print two copies of the Add-ons.
- Use Step 1, then place four add-ons on the Fruit Market Visual. Let children take turns placing matching Add-ons on top. Speak and clap the Add-ons together. Repeat for each child.

Activity B – “I Love the Mountains”

- Use Steps 1 and 3. Simplify the movement for the second *Boom-dee-ah-da, boom-dee-ah-da* by repeating “pat legs two times and clap two times.”

Activity C – Hymn Story Time: “O How I Love Jesus”

- Use Steps 1, 2, and 4. (Step 3 is optional.)

Activity D – Make a Popcorn Shaker

- Make the popcorn shakers ahead of time. Lead children in playing the shakers to the steady beat of a Demo or Track of your choice. (Shake high, low, behind your back, quietly, loudly, etc.)

Activity E – High and Low

- Use Steps 2 and 3.

Activity F – Fruit Bingo

- Omit this Activity for three-year-olds.

Activity G – Sol-Mi Corn Melodies

- Use Steps 1 and 2 through the teaching of the song.

Activity H – “Autumn”

- Use Steps 1 and 2.

Activity I – Hymn Story Time: “Now Thank We All Our God”

- Use Steps 1, 2, and 4. (Step 3 is optional.)

Activity J – Fruity Lane Game

- Print the game cards and cut apart. Use only the ones with numbers on them. Stack them facedown.
- Ask children the questions on Page 2. When they answer correctly or perform the motion correctly, let them choose a game card and count the number of fruit on it.

Activity K – Instrument Memory Game

- Use Step 1 and the first step in the Option Box.

Activity L – “The Syncopated Clock”

- Have children move their arms like a clock for Section A, move their scarves for Section B, and move throughout the room for Section C.

Activity M – Hymn Story Time: “Hark! The Herald Angels Sing”

- Use Steps 1, 2, and 4. Give extra help making the angels. (Step 3 is optional.)

Activity N – The Night Jesus Was Born

- Use this Activity as written.

4/30 I Can Talk to God

Words and Music by
Ruth Elaine Schram

Brightly, with a lilt (♩ = 108)

5

1. I	can
2. I	can
3. I	can

9

talk	to	God,	talk	to	God,
praise	God's	name,	praise	God's	name,
give	God	thanks,	give	God	thanks,

"I Can Talk to God"

1. Introduce the song with movement.

- Have children spread out and stand in an open area free of obstacles.
- Play Track 17 ("I Can Talk to God" Movement Variations), and have children move around the room matching the style of each variation. Pause the music after each one, and have children freeze.

Teaching Tip

The variations heard on the recording are:

1. March 2. Gallop 3. Tip-toe 4. Crawl 5. Hop

Option

Add more fun by displaying a *Freeze, Guys!* Visual each time the music stops. Children freeze in the same pose as the *Freeze Guy*.

(Download for free at <http://blog.growing-in-grace.com/freebie-freeze-guys>)

2. Listen and pat the beat.

- Seat children in a circle with legs crisscrossed. Lay left open palm face-up on left knee. Place right palm down on right knee. Have children copy. (Have adult helpers assist, if needed.)
- Demonstrate patting right knee two times and clapping the open left hand two times with right hand. Say *right-right, left-left* on the steady beat as you pat. Have children copy. (Have adult helpers assist, if needed.)
- Prepare the beat by speaking *one-two-ready-pat*. Chant the *right-right, left-left* pattern aloud, and have children pat on the steady beat.
- Play Demo 4, and continue patting the steady dotted-quarter-note beat. (If that is too fast for your preschoolers, try the dotted-half-note beat, which is the first beat of every measure.)

Option

- Distribute pool noodles and place in right hand.
- Prepare the beat by speaking *one-two-ready-pat*.
- Practice the pattern with the pool noodles.
- Play Demo 4, and continue patting the steady dotted-quarter-note or dotted-half-note beat.

MATERIALS NEEDED

- Score
- Student Page
- MP3 or CD Demo 4
- MP3 or CD Track 30
- MP3 or CD Track 17
- MP3 or CD Player
- *Freeze, Guys!* Visuals (optional)
- Pool noodles, one per four children, (optional)
- "I Can Talk to God" Phone Visuals, one per child
- Fruity Vowel Visuals
- "I Can Talk to God" Sign Language Video

PREPARATION

- Print Phone Visuals on card stock and cut apart.
- Print Fruity Vowel Visuals.
- Print Freeze Guys! (if using)
- Watch the demonstration video to learn the sign language. (See Step 5.)
- Cut pool noodles into four equal lengths. (optional)





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PEACH



CHERRY

6/32 Jiggle, Giggle, Wiggle, Freeze!

Words and Music by
Sandy Wilkinson

Swing! (♩ = 120) ♩ = ♪³♪

mf

A *mf* Sand block sound ↓ ↓ ↓ ↓ ↓ ↓ ↓

Jig-gle, gig-gle, wig-gle, freeze!

9 (Sand block) ↓ ↓ ↓ ↓

Jig - gle, gig - gle, wig - gle, freeze!

12 **B**

Touch your nose, touch your toes,

SONG TEACHING STEPS

"Jiggle, Giggle, Wiggle, Freeze!"

1. Act like the animals.

- Display the visuals in song order.
- Point to each animal, and have children act like the animal in the picture:
 - **giraffe** – shake hands in front of body
 - **gorilla** – place hands in front of mouth and shake head as if giggling
 - **walrus** – place hands on waist and wiggle hips side-to-side
 - **flamingo** – freeze
- Play Demo 6 through Section A, and have children perform the actions. Tell children to hold their freeze position until the singing begins again.
- Point to more animals, and have children act like the animal in the picture:
 - **pig** – touch your nose
 - **turtle** – touch your toes
 - **dog** – turn around and round
 - **bear** – touch your lips
 - **hippopotamus** – touch your hips
 - **owl** – finger to lips
- Resume Demo 6 at Section B, and have children perform the actions after they are sung each time. Continue with the repeat of Section A. Tell children they should strike an *ending pose*, like *Ta-Da!*, for the last freeze.

2. Review animal actions.

- Display the visuals in song order.
- Review the actions.
 - **giraffe** – shake hands in front of body
 - **gorilla** – place hands in front of mouth and shake head as if giggling
 - **walrus** – place hands on waist and wiggle hips side-to-side
 - **flamingo** – freeze
 - **pig** – touch your nose
 - **turtle** – touch your toes
 - **dog** – turn around and round

MATERIALS NEEDED

- Score
- Student Pages
- MP3 or CD Demo 6
- MP3 or CD Track 32
- MP3 or CD Player
- "Jiggle, Giggle, Wiggle, Freeze!" Visuals
- Sand blocks or other rhythm instrument

PREPARATION

- Print visuals. Laminate, if desired.

"Jiggle, Giggle, Wiggle, Freeze!" Visuals



- **bear** – touch your lips
- **hippopotamus** – touch your hips
- **owl** – finger to lips
- Play Demo 6, and have children perform the actions with the song. Encourage children to sing as they begin to “catch” the melody.

3. Play sandblocks.

- Display a pair of sandblocks, and demonstrate how to play them. (Scrape them together, back and forth.)
- Choose a child to play them on the steady beat in measures 7-8, 11-12, and 23-24. (Substitute other rhythm instruments, if desired.)
- Play Demo 6, and have children perform the actions and sing as they continue to “catch” the melody. Cue the child playing the sandblocks at the appropriate times.

4. Play a rhyming game.

- Explain that when words sound alike they are called *rhyming* words.
- Point to your head and say, “This is my *bed*.” Have children correct your statement by saying, “No, this is my *head*.” Continue with the following statements and corrections:

Point to head	“This is my <i>bed</i> .”	“No, this is my <i>head</i> .”
Point to nose	“This is my <i>rose</i> .”	“No, this is my <i>nose</i> .”
Point to ear	“This is my <i>deer</i> .”	“No, this is my <i>ear</i> .”
Point to chin	“This is my <i>hen</i> .”	“No, this is my <i>chin</i> .”
Point to back	“This is my <i>tack</i> .”	“No, this is my <i>back</i> .”
Point to knee	“This is my <i>bee</i> .”	“No, this is my <i>knee</i> .”
Point to leg	“This is my <i>egg</i> .”	“No, this is my <i>leg</i> .”
Point to toe	“This is my <i>snow</i> .”	“No, this is my <i>toe</i> .”
Point to arm	“This is my <i>arm</i> .”	“Yes! This is my arm!”

- Display the visuals.
- Have children find visuals that rhyme. (nose-toes, lips-hips, jiggle-giggle-wiggle)
- Have children find visuals that do not rhyme (freeze, turn around, shh)
- Play Demo 6, and let children enjoy the singing and actions.

wiggle



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freeze

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turn around and round



ACTIVITY A TEACHING STEPS

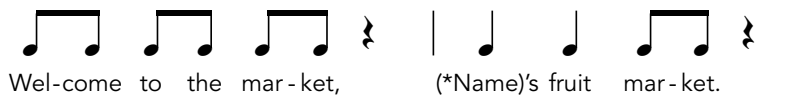
Fruit Market Rhythms

1. Speak the fruit names.

- Place Fruit Market Add-ons in a small basket.
- Display each Fruit Market Add-on. Have children echo speak and clap the fruit name, deciding if it has one or two sounds.

2. Teach the Fruit Market Chant.

- Display the Fruit Market Visual.
- Place these four Add-ons on the visual in the following order: Plums-Pears-Apples-Grapes
- Have children pat a steady beat as you speak the following chant substituting your name:



*Insert child's name.

- Clap and speak the names of the fruit two times:



- Choose a child to place four new Add-ons on the visual.
- Have children speak the chant together using the child's name, followed by the new set of Add-ons two times.
- Repeat for each child.

3. Add rhythm instruments.

- Distribute rhythm instruments.
- Continue having children place Add-ons on the visual.
- Have children speak the chant, then play the rhythm of the fruit names on their instruments.

SMALL-GROUP ACTIVITY

Fruit Market Rhythms gives children the opportunity to speak a steady beat chant while playing instruments.

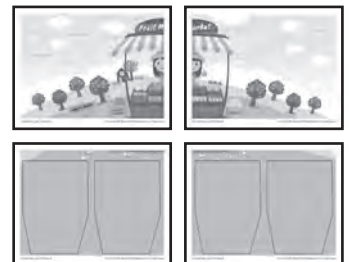
MATERIALS NEEDED

- Fruit Market Visual
- Fruit Market Add-ons
- Variety of rhythm instruments
- Small basket

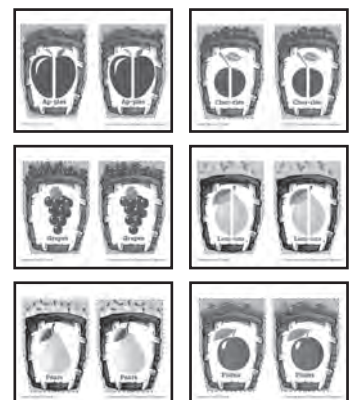
PREPARATION

- Print and prepare visual.
- Print add-ons on card stock and cut apart.

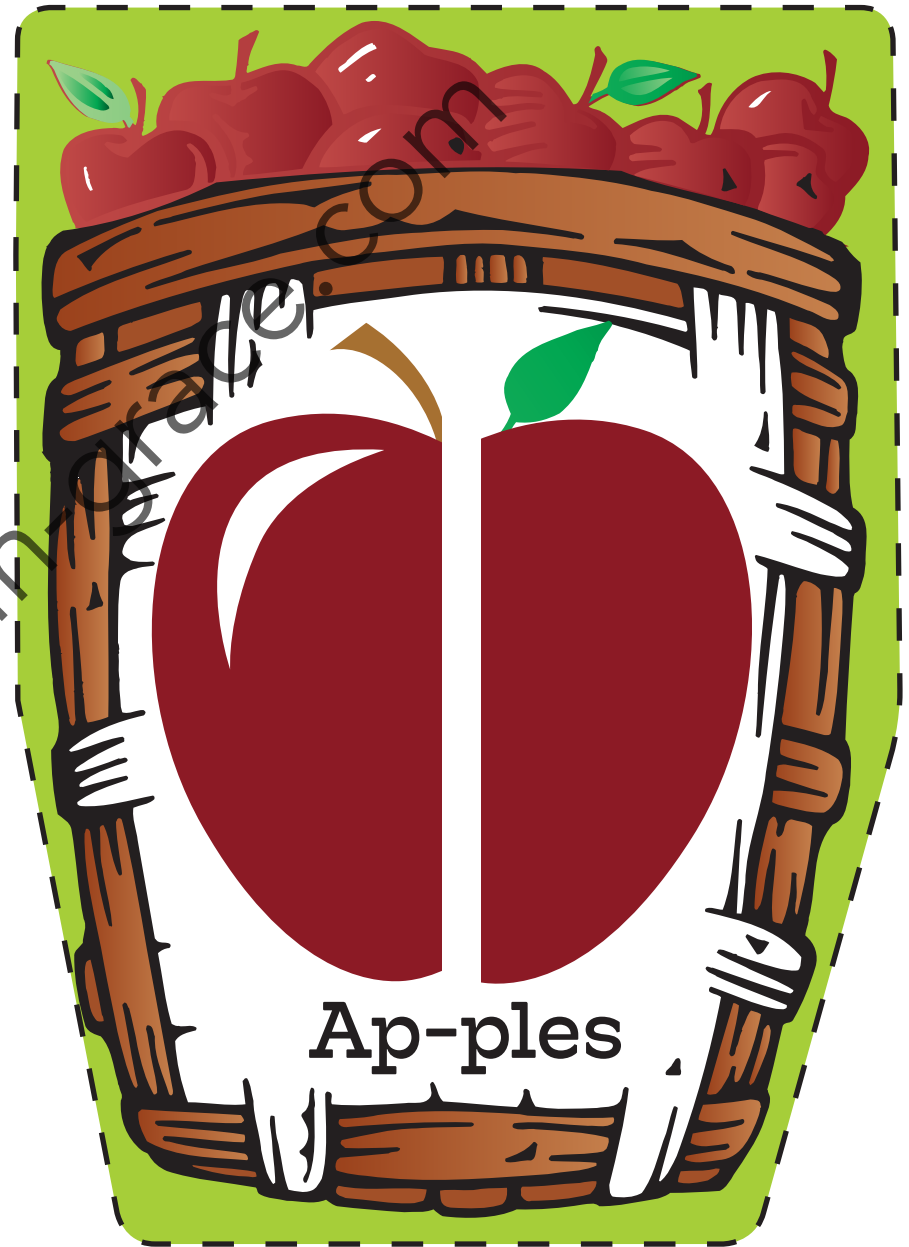
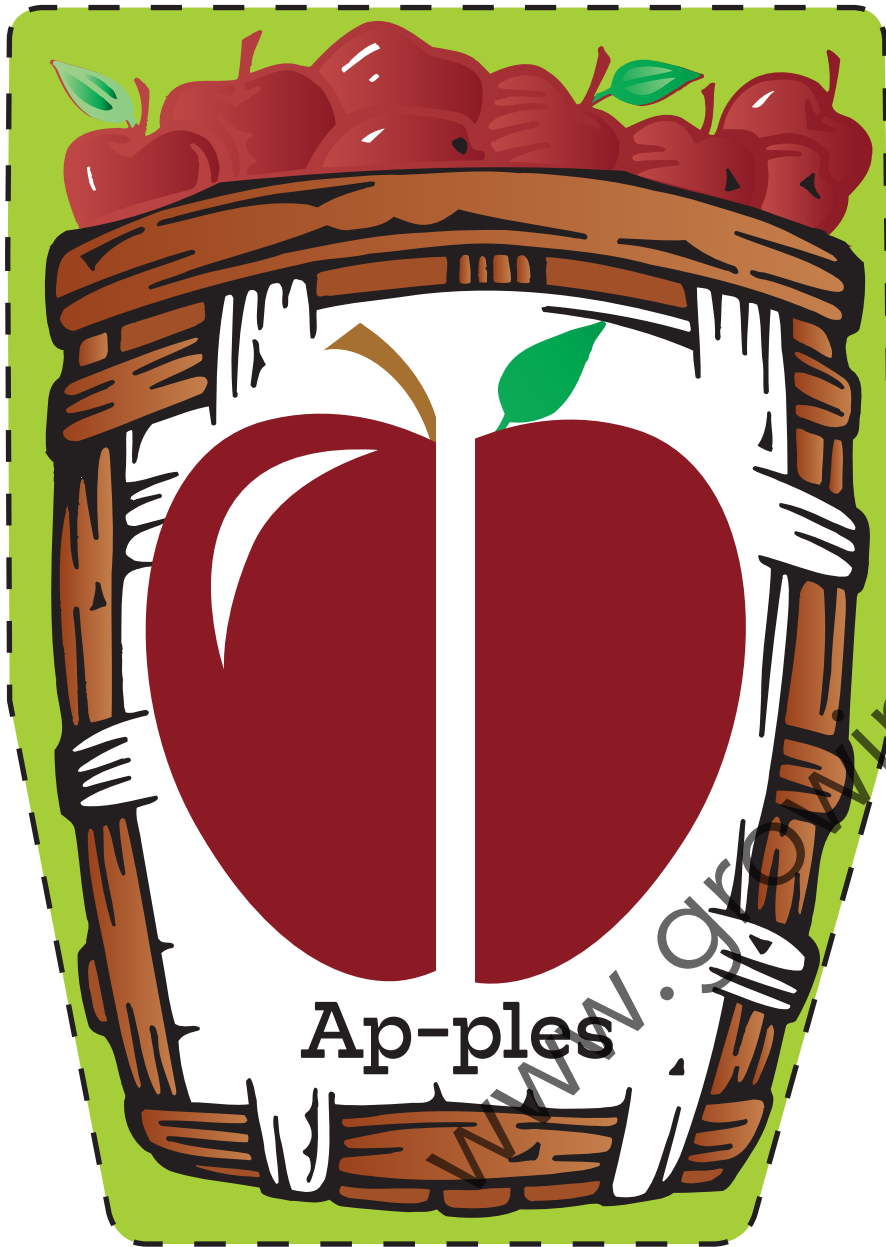
Fruit Market Visual



Fruit Market Add-ons







Instrument Match

MATERIALS NEEDED

- Instrument Match KIDPages
- Crayons
- MP3 or CD Track 16 (optional)
- MP3 or CD Player (optional)

GUIDING CHILDREN

- Distribute KIDPages.
- Have children place their finger on each black instrument silhouette and name the instrument together. (trumpet, timpani, saxophone, cello)
- Have children trace their finger from the silhouette to the picture of the instrument, then to the picture of a child playing the instrument.
- Repeat for each instrument silhouette.
- Distribute crayons, and have children draw the lines they just traced with their fingers.

EXTENSION

- Play Track 16. Have children raise their hands when they hear one of the instruments pictured on the KIDPage and name the instrument.

Instrument Match

Answers:

